

**PACIFIC FRESH: GREAT RECIPES FROM THE WEST  
COAST**

Rae Allison Lucy

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Personalize your kitten's food dish to match her personality by using specialty tools from Martha Stewart's Cricut collection. Rinse the mint and pat dry.

On the West Coast, you can buy big 5-pound blocks, but out East you can only find. As the leaves change color, I roast squashes, carrots, beets, fennel, parsnips and whatever else the harvest brings in.

Maryana Vollstedt is the author of several cookbooks, including the popular self-published What's for Dinner? Reviewed April 28, via mobile Burst of flavors.

Put in a bowl and sprinkle with a little lemon juice to prevent them from browning. rockfish—also known as rock cod or Pacific snapper—is a very versatile fish. Lovers of blue cheese will go nuts for this salad because you can indulge without feeling guilty, and you can experiment with different cheeses; I prefer Stilton instead of the Gorgonzola originally used in this recipe.