

EMPTY: A STORY OF ANOREXIA

Nicol Baylis

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Unfortunately, while these new revelations were of great benefit to my soul, I hoped, they did little to improve or correct my self-destructive patterns, and I was still restricting my caloric intake and exercising for incredibly long periods of time each day. Without Heidi, I would have been lost. Christie Pettit was one of .

However, there are a lucky few whose eebeyondtheir addiction, finding both the

But I was sure as hell not going to be the one to ask for it. Close Report a review At Kobo, we try to ensure that published reviews do not contain rude or profane language, spoilers, or any of our reviewer's personal information.

Pastors, parents, counselors, and those battling anorexia--especially you--read this item. Her candid retelling of her experience shows the spiritual dimension of eating disorders and describes how Christie turned to the Bible as a source of strength and encouragement to help her overcome anorexia.